

OCTOBER BREAKFAST



Monday	Tuesday	Wednesday	Thursday	Friday
			1	2
5	6	7	8	9
Cinnamon Crumble	Waffle	Honey Bunches of Oats Cereal w/ Honey Grahams	Oatmeal w/ Blueberries	Yogurt w/ Honey Grahams
12	13	14	15	16
Honey Bunches of Oats Cereal w/ Honey Grahams	Egg, Cheese & Green Salsa Breakfast Burrito	Banana Muffin	Mini Strawberry Pancakes	Strawberry Yogurt Parfait w/ Cinnamon Granola
19	20	21	22	23
Cinnamon Roll	French Toast Sticks	Fruit & Yogurt Smoothie w/ Granola	Sausage & Cheese Stuffed Waffle	Blueberry Muffin
26	27	28	29	30
Cinnamon Crumble	Waffle	Honey Bunches of Oats Cereal w/ Honey Grahams	Oatmeal w/ Blueberries	Cinnamon Chex Cereal w/ Honey Grahams
Breakfast Includes:	Featured Fruit:		RevUp Rewards:	
Choice of 1% Low Fat White or Fat Free White Milk Fruit of the Day Vegetarian *Cereal Served w/ Honey Grahams *All Grains Are Whole Grain Rich	Banana (1/2 C), Pear (1/2 C), Apple Slices (1/2 C), Apple (1/2 C), 100% Fruit Juice 4 oz, Plum (1/2 C)		Scan Our QR Code Daily Complete the Survey You're Entered to Win! Drawings Monthly Learn More and See Prizes: www.revolutionfoods.com/revuprewards	



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SOCAL Breakfast SBP Hot Delivery