



All entrees served with choice of 1% milk, fat free unflavored or flavored milk. All grain items offered are Whole Grain Rich.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			1 <b>Cinnamon French Toast</b> Fresh Fruit Whole Fruit Milk	2 <b>Bagel &amp; Cream Cheese</b> Fresh Fruit Whole Fruit Milk
5 <b>Coffee Cinnamon Crumble</b> Fresh Fruit Whole Fruit Milk	6 <b>Coco Puffs Cereal</b> <b>Whole Grain Crackers</b> Fresh Fruit Whole Fruit Milk	7 <b>Banana Muffin</b> Fresh Fruit Whole Fruit Milk	8 <b>Sausage English Muffin</b> Fresh Fruit Whole Fruit Milk	9 <b>Mexican Concha</b> Fresh Fruit Whole Fruit Milk
12 <b>Sunbutter &amp; Jelly Sandwich</b> Fresh Fruit Whole Fruit Milk	13 <b>Trix Cereal</b> <b>Whole Grain Crackers</b> Fresh Fruit Whole Fruit Milk	14 <b>Bagel &amp; Cream Cheese</b> Fresh Fruit Whole Fruit Milk	15 <b>Pancakes (2)</b> Fresh Fruit Whole Fruit Milk	16 <b>Blueberry Muffin</b> Fresh Fruit Whole Fruit Milk
19 	20 <b>Cinnamon Toast Crunch Cereal</b> <b>Whole Grain Crackers</b> Fresh Fruit Whole Fruit Milk	21 <b>Vanilla Muffin</b> Fresh Fruit Whole Fruit Milk	22 <b>Maple Waffle</b> Fresh Fruit Whole Fruit Milk	23 <b>Mexican Concha</b> Fresh Fruit Whole Fruit Milk
26 <b>Yogurt</b> <b>Graham Crackers</b> Fresh Fruit Whole Fruit Milk	27 <b>Multi-Grain Cheerios Cereal</b> <b>Whole Grain Crackers</b> Fresh Fruit Whole Fruit Milk	28 <b>Banana Muffin</b> Fresh Fruit Whole Fruit Milk	29 <b>Cinnamon French Toast</b> Fresh Fruit Whole Fruit Milk	

Menu subject to change without notice.

Menu items may change due to supply chain issues, including limited food availability, staff shortages, distribution issues, inflationary prices and/or other challenges.


11/01/2023



This institution is an equal opportunity provider.



All entrees served with choice of 1% milk, fat free unflavored or flavored milk. All grain items offered are Whole Grain Rich.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Red & Orange	Starchy	Legumes	Other	Dark Green
			1 <b>Chicken Fajitas</b> Spanish Rice (3/4c) Whole Kernel Corn (1/2c) 100% Fruit Juice Milk	2 <b>Chicken Teriyaki Bowl</b> Brown Rice (3/4c) Steamed Broccoli & Carrots (1c) Fresh Fruit Milk
5 <b>BBQ Chicken on a Hamburger Bun</b> Carrot Sticks (3/4c) 100% Fruit Juice Milk	6 <b>Three Cheese Mac &amp; Cheese</b> Peas & Carrots (1c) Fresh Fruit Milk	7 <b>Green Chicken Enchiladas</b> Fiesta Beans & Corn (3/4c) Fresh Fruit Milk	8 <b>Pizza Lasagna</b> Steamed Broccoli & Carrots (1c) 100% Fruit Juice Milk	9 <b>Turkey Hot Dog on a Bun</b> Carrot Sticks (3/4c) Fresh Fruit Milk
12 <b>Hamburger</b> Carrot Sticks (3/4c) 100% Fruit Juice Milk	13 <b>Chicken Parmesan Pasta</b> Whole Kernel Corn (1/2c) Fresh Fruit Milk	14 <b>ASH WEDNESDAY</b> <b>Cheese Quesadilla</b> Spanish Rice (1/2c) Fiesta Beans & Corn (3/4c) Fresh Fruit Milk	15 <b>Southwestern Chicken w/ Brown Rice (3/4c)</b> Steamed Broccoli & Carrots (1c) 100% Fruit Juice Milk	16 <b>Bean &amp; Cheese Burrito</b> Carrot Sticks (1/2c) Fresh Fruit Milk
19 	20 <b>Chili Cheese Dog</b> Whole Kernel Corn (3/4c) Fresh Fruit Milk	21 <b>Beef &amp; Cheese Nachos</b> Fiesta Beans & Corn (3/4c) Fresh Fruit Milk	22 <b>Orange Chicken Bowl w/ Brown Rice (3/4c)</b> Steamed Broccoli & Carrots (1c) 100% Fruit Juice Milk	23 <b>Tuna Sandwich on Wheat Bread</b> Carrot Sticks (3/4c) Fresh Fruit Milk
26 <b>Turkey Hot Dog on a Bun</b> Carrot Sticks (3/4c) Fresh Fruit Milk	27 <b>Hamburger</b> Tater Tots (3/4c) Fresh Fruit Milk	28 <b>Chicken &amp; Cheese Chilaquiles</b> Black Beans (1/2c) Corn (1/4c) Fresh Fruit Milk	29 <b>Beef Marinara Baked Ziti Bowl</b> Steamed Broccoli & Carrots (1c) 100% Fruit Juice Milk	

Menu subject to change without notice.

Menu items may change due to supply chain issues, including limited food availability, staff shortages, distribution issues, inflationary prices and/or other challenges.

1/21/2023



This institution is an equal opportunity provider.