

Archdiocese School Food Service
Breakfast Menu K-8

October 2023



All entrees served with choice of 1% milk, fat free unflavored or flavored milk. All grain items offered are Whole Grain Rich.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 Coffee Cinnamon Crumble Fresh Fruit Whole Fruit Milk	3 Maple Waffle Fresh Fruit Whole Fruit Milk	4 Blueberry Muffin Fresh Fruit Whole Fruit Milk	5 Cinnamon Toast Crunch Cereal Graham Crackers Fresh Fruit Whole Fruit Milk	6 Yogurt Graham Crackers Fresh Fruit Whole Fruit Milk
9 Bagel & Cream Cheese Fresh Fruit Whole Fruit Milk	10 Sausage English Muffin Fresh Fruit Whole Fruit Milk	11 Coffee Cinnamon Crumble Fresh Fruit Whole Fruit Milk	12 Coco Puffs Cereal Graham Crackers Fresh Fruit Whole Fruit Milk	13 Mexican Concha Fresh Fruit Whole Fruit Milk
16 Blueberry Muffin Fresh Fruit Whole Fruit Milk	17 Cinnamon Toast Crunch Cereal Graham Crackers Fresh Fruit Whole Fruit Milk	18 Bagel & Cream Cheese Fresh Fruit Whole Fruit Milk	19 Maple Waffle Fresh Fruit Whole Fruit Milk	20 Coffee Cinnamon Crumble Fresh Fruit Whole Fruit Milk
23 String Cheese Strawberry Nutrigrain Bar Fresh Fruit Whole Fruit Milk	24 Rice Chex Cereal Graham Crackers Fresh Fruit Whole Fruit Milk	25 Coffee Cinnamon Crumble Fresh Fruit Whole Fruit Milk	26 Cinnamon French Toast Fresh Fruit Whole Fruit Milk	27 Mexican Concha Fresh Fruit Whole Fruit Milk
30 Coffee Cinnamon Crumble Fresh Fruit Whole Fruit Milk	31 Pancakes (2) Fresh Fruit Whole Fruit Milk			

Menu subject to change without notice.

Menu items may change due to supply chain issues, including limited food availability, staff shortages, distribution issues, inflationary prices and/or other challenges.




This institution is an equal opportunity provider.

Archdiocese School Food Service
Lunch Menu K-8

October 2023



All entrees served with choice of 1% milk, fat free unflavored or flavored milk. All grain items offered are Whole Grain Rich.

MONDAY Starchy	TUESDAY Dark Green	WEDNESDAY Beans & Peas	THURSDAY Red & Orange	FRIDAY Other
2 Breaded Chicken Patty on Hamburger Bun Whole Kernel Corn (3/4c) 100% Fruit Juice Milk	3 Creamy Tuscan Cheese Pasta Steamed Broccoli & Carrots (1c) Fresh Fruit Milk	4 Green Cheese Enchilada Pinto Beans (1/2c) Fresh Fruit Milk	5 Pepperoni Pizza Carrot Sticks (3/4c) 100% Fruit Juice Milk	6 Hamburger Tater Tots (3/4c) Fresh Fruit Milk
9 Hawaiian Chicken w/ Brown Rice Whole Kernel Corn (3/4c) 100% Fruit Juice Milk	10 Orange Chicken Bowl w/ Brown Rice Steamed Broccoli & Carrots (1c) Fresh Fruit Milk	11 Chicken Tamale Pinto Beans (3/4c) Fresh Fruit Milk	12 Pepperoni Pizza Carrot Sticks (3/4c) 100% Fruit Juice Milk	13 Three Cheese Mac and Cheese Peas & Carrots (3/4c) Fresh Fruit Milk
16 Mongolian Beef Bowl w/ Brown Rice Peas & Carrots (3/4c) 100% Fruit Juice Milk	17 Spaghetti & Meatballs Steamed Broccoli & Carrots (1c) Fresh Fruit Milk	18 Beef & Cheese Nachos Pinto Beans (3/4c) Fresh Fruit Milk	19 Pepperoni Pizza Carrot Sticks (3/4c) 100% Fruit Juice Milk	20 Sloppy Joe on Hamburger Bun Mashed Potatoes (3/4c) Fresh Fruit Milk
23 BBQ Chicken on Bun Whole Kernel Corn (3/4c) 100% Fruit Juice Milk	24 Teriyaki Chow Mein Steamed Broccoli & Carrots (1c) Fresh Fruit Milk	25 Red Chicken Enchilada Pinto Beans (1/2c) Fresh Fruit Milk	26 Pepperoni Pizza Carrot Sticks (3/4c) 100% Fruit Juice Milk	27 Breaded Chicken Patty on Hamburger Bun Whole Kernel Corn (3/4c) Fresh Fruit Milk
30 Creamy Chicken Chipotle Pasta Peas & Carrots (3/4c) 100% Fruit Juice Milk	31 Spaghetti & Meat Sauce Steamed Broccoli & Carrots (1c) Fresh Fruit Milk			

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