

Archdiocese School Food Service
Breakfast Menu K-8

August 2023



All entrees served with choice of 1% milk, fat free unflavored or flavored milk. All grain items offered are Whole Grain Rich.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
7	8	9	10	11
14	15	16	17	18
Banana Muffin Whole Grain Crackers Fresh Fruit Whole Fruit Milk	Cinnamon French Toast (Syrup) Fresh Fruit Whole Fruit Milk	Multi Grain Cheerios Whole Grain Crackers Fresh Fruit Whole Fruit Milk	Bean & Cheese Burrito Fresh Fruit Whole Fruit Milk	Fruit Yogurt Graham Parfait Fresh Fruit Whole Fruit Milk
21	22	23	24	25
Bagel with Cream Cheese Fresh Fruit Whole Fruit Milk	Pancakes & Sausage (Syrup) Fresh Fruit Whole Fruit Milk	Trix Cereal Whole Grain Crackers Fresh Fruit Whole Fruit Milk	Cheese & Bean Quesadilla Fresh Fruit Whole Fruit Milk	Cinnamon Pop Tart String Cheese Fresh Fruit Whole Fruit Milk
28	29	30	31	1-Sep
Pumpkin Spice Muffin Fresh Fruit Whole Fruit Milk	Cinnamon French Toast (Syrup) Fresh Fruit Whole Fruit Milk	Rice Chex Whole Grain Crackers Fresh Fruit Whole Fruit Milk	Egg & Sausage Sandwich Fresh Fruit Whole Fruit Milk	Strawberry Concha Fresh Fruit Whole Fruit Milk
				

Menu subject to change without notice.

Menu items may change due to supply chain issues, including limited food availability, staff shortages, distribution issues, inflationary prices and/or other challenges.

Bid Cycle Final


This institution is an equal opportunity provider.

Archdiocese School Food Service
Lunch Menu K-8

August 2023



All entrees served with choice of 1% milk, fat free unflavored or flavored milk. All grain items offered are Whole Grain Rich.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Starchy	Dark Green	Beans & Peas	Red & Orange	Other
7	8	9	10	11
14	15	16	17	18
Herbed Chicken Breast Brown Rice Pilaf (1/2c) Steamed Broccoli & Carrots (1c) 100% Fruit Juice Milk	Cheeseburger Tater Tots (3/4c) Fresh Fruit Milk	Beef Meatball & Cheese Hoagie Sandwich Sweet Potato (3/4c) Fresh Fruit Milk	Hawaiian Chicken Brown Rice Pilaf (1/2c) BBQ Baked Beans (3/4c) 100% Fruit Juice Milk	Turkey & Cheese Croissant Carrot Sticks (3/4c) Fresh Fruit Milk
21	22	23	24	25
Spanish Chicken Adobo Brown Rice Pilaf (1/2c) Mixed Vegetables (1c) 100% Fruit Juice Milk	Chili Hot Dog Sweet Potato (3/4c) Fresh Fruit Milk	Beef Lasagna Steamed Broccoli & Carrots (1c) Fresh Fruit Milk	Chicken Tamal Pinto Beans (1/2c) & Mexican Corn (1/2c) 100% Fruit Juice Milk	Pepperoni Bagel Pizza w/ Green Salad (1 1/2c) Fresh Fruit Milk
28	29	30	31	1-Sep
Chipotle Macaroni & Cheese Mixed Vegetables (3/4c) 100% Fruit Juice Milk	Pepperjack Cheeseburger Sweet Potatoes (3/4c) Fresh Fruit Milk	Chicken Parmesan Sandwich Whole Kernel Corn (3/4c) Fresh Fruit Milk	Chicken Quesadilla Pinto Beans (3/4c) 100% Fruit Juice Milk	Chicken Teriyaki with Brown Rice Pilaf Steamed Broccoli & Carrots (1c) Fresh Fruit Milk
				WELCOME BACK to School

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