

Archdiocese School Food Service
Breakfast Menu K-8

January 2023



All entrees served with choice of 1% milk, fat free unflavored or flavored milk. All grain items offered are Whole Grain Rich.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 Mexican Concha Fresh Fruit Whole Fruit Milk	3 Trix Cereal Whole Grain Crackers Fresh Fruit Whole Fruit Milk	4 Banana Muffin Fresh Fruit Whole Fruit Milk	5 Coco Puffs Cereal Whole Grain Crackers Fresh Fruit Whole Fruit Milk	6 String Cheese & Graham Crackers Fresh Fruit Whole Fruit Milk
9 Yogurt & Graham Crackers Fresh Fruit Whole Fruit Milk	10 Cinnamon Toast Cr. Cereal Whole Grain Crackers Fresh Fruit Whole Fruit Milk	11 Bagel & Cream Cheese Fresh Fruit Whole Fruit Milk	12 Maple Waffle Fresh Fruit Whole Fruit Milk	13 Coffee Cinnamon Crumble Fresh Fruit Whole Fruit Milk
16 	17 Coco Puffs Cereal Whole Grain Crackers Fresh Fruit Whole Fruit Milk	18 Mini Bagel and Sunbutter Fresh Fruit Whole Fruit Milk	19 Cinnamon French Toast Fresh Fruit Whole Fruit Milk	20 String Cheese & Strawberry Nutrigrain Bar Fresh Fruit Whole Fruit Milk
23 Strawberry Muffin Fresh Fruit Whole Fruit Milk	24 Trix Cereal Whole Grain Crackers Fresh Fruit Whole Fruit Milk	25 Bagel & Cream Cheese Fresh Fruit Whole Fruit Milk	26 Pancakes (2) Fresh Fruit Whole Fruit Milk	27 Coffee Cinnamon Crumble Fresh Fruit Whole Fruit Milk
30 Mexican Concha Fresh Fruit Whole Fruit Milk	31 Cinnamon French Toast Fresh Fruit Whole Fruit Milk			

Menu subject to change without notice.

Menu items may change due to supply chain issues, including limited food availability, staff shortages, distribution issues, inflationary prices and/or other challenges.

This institution is an equal opportunity provider.





Archdiocese School Food Service

Lunch Menu K-8

January 2023



All entrees served with choice of 1% milk, fat free unflavored or flavored milk. All grain items offered are Whole Grain Rich.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Beans & Peas	Red & Orange	Starchy	Dark Green	Other Vegetables
2 Italian Antipasto Salad w/ Wheat Dinner Roll 100% Fruit Juice Milk	3 Oriental Chicken Tortilla Wrap w/ Carrot Sticks (3/4c) Fresh Fruit Milk	4 Cilantro Chicken Salad Hoagie Sandwich w/ BBQ Corn Salad (3/4c) Fresh Fruit Milk	5 Pepperoni Pizza w/Carrot Sticks (3/4c) 100% Fruit Juice Milk	6 Turkey & Cheese Hoagie Sandwich w/ Carrot Sticks (3/4c) Fresh Fruit Milk
9 Beef & Cheese Nachos Pinto Beans (3/4c) 100% Fruit Juice Milk	10 Santa Fe Chicken Salad w/ Wheat Dinner Roll Fresh Fruit Milk	11 Hawaiian Chicken w/ Brown Rice (3/4c) Peas & Carrots (3/4c) Fresh Fruit Milk	12 Pepperoni Pizza w/Carrot Sticks (3/4c) 100% Fruit Juice Milk	13 Cheeseburger w/ Carrot Sticks (3/4c) Fresh Fruit Milk
16 	17 Turkey & Cheese Hoagie Sandwich w/ BBQ Bean (3/4c) Fresh Fruit Milk	18 Chicken Nuggets w/ Whole Kernel Corn (3/4c) Fresh Fruit Milk	19 Pepperoni Pizza w/Carrot Sticks (3/4c) 100% Fruit Juice Milk	20 Chinese Chicken Salad with a Wheat Dinner Roll Fresh Fruit Milk
23 Turkey Hot Dog on a Bun w/ BBQ Baked Beans (3/4c) 100% Fruit Juice Milk	24 Ham & Cheese Panini w/ Carrot Sticks (3/4c) Fresh Fruit Milk	25 Chicken Alfredo Pasta w/ Whole Kernel Corn (3/4c) Fresh Fruit Milk	26 Pepperoni Pizza w/Carrot Sticks (3/4c) 100% Fruit Juice Milk	27 Chicken Teriyaki Bowl w/ Brown Rice (3/4c) Steamed Carrots ((3/4c) Fresh Fruit Milk
30 Beef Picadillo (3/4c) w/Spanish Rice (3/4c) Pinto Beans (3/4c) 100% Fruit Juice Milk	31 Caesar Chicken Tortilla Wrap w/ Carrot Sticks (3/4c) Fresh Fruit Milk			

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