

Archdiocese School Food Service
Breakfast Menu K-8

December 2022



All entrees served with choice of 1% milk, fat free unflavored or flavored milk. All grain items offered are Whole Grain Rich.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			1 Coco Puffs Cereal Whole Grain Crackers Fresh Fruit Whole Fruit Milk	2 Coffee Cinnamon Crumble Fresh Fruit Whole Fruit Milk
5 Mexican Concha Fresh Fruit Whole Fruit Milk	6 Cinnamon Toast Cr. Cereal Whole Grain Crackers Fresh Fruit Whole Fruit Milk	7 Strawberry Muffin Fresh Fruit Whole Fruit Milk	8 Maple Waffle Fresh Fruit Whole Fruit Milk	9 String Cheese & Graham Crackers Fresh Fruit Whole Fruit Milk
12 Yogurt & Graham Crackers Fresh Fruit Whole Fruit Milk	13 Coco Puffs Cereal Whole Grain Crackers Fresh Fruit Whole Fruit Milk	14 Blueberry Muffin Fresh Fruit Whole Fruit Milk	15 Cinnamon French Toast Fresh Fruit Whole Fruit Milk	16 Coffee Cinnamon Crumble Fresh Fruit Whole Fruit Milk
19 Mexican Concha Fresh Fruit Whole Fruit Milk	20 Trix Cereal Whole Grain Crackers Fresh Fruit Whole Fruit Milk	21 Bagel & Cream Cheese Fresh Fruit Whole Fruit Milk	22 Cinnamon Toast Cr. Cereal Whole Grain Crackers Fresh Fruit Whole Fruit Milk	23 String Cheese & Strawberry Nutrigrain Bar Fresh Fruit Whole Fruit Milk

Menu subject to change without notice.

Menu items may change due to supply chain issues, including limited food availability, staff shortages, distribution issues, inflationary prices and/or other challenges.

This institution is an equal opportunity provider.





Archdiocese School Food Service
Lunch Menu K-8

December 2022



All entrees served with choice of 1% milk, fat free unflavored or flavored milk. All grain items offered are Whole Grain Rich.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Beans & Peas	Red & Orange	Starchy	Dark Green	Other Vegetables
			1 Chef Turkey & Ham Salad w/ Wheat Dinner Roll 100% Fruit Juice Milk	2 Chicken Alfredo Pasta w/ Steamed Carrots (3/4c) Fresh Fruit Milk HOT
5 Chicken Fajitas (3/4c) w/ Spanish Rice (3/4c) Pinto Beans (3/4c) 100% Fruit Juice Milk	6 Santa Fe Chicken Salad w/ Wheat Dinner Roll Fresh Fruit Milk	7 Cheeseburger w/ Tater Tots (3/4c) Fresh Fruit Milk	8 Ham & Cheese Panini Sandwich (cold) w/ Broccoli Salad (1c) Fresh Fruit Milk	9 Pizza w/ Carrot Sticks (3/4c) Fresh Fruit Milk
12 Chicken, Sausage & Brown Rice Jambalaya (1c) w/ BBQ Baked Beans (3/4c) 100% Fruit Juice Milk New!	13 Ham and Cheese Panini Sandwich w/ Carrot Sticks (3/4c) Fresh Fruit Milk	14 Chicken Nuggets w/ Whole Kernel Corn (3/4c) Fresh Fruit Milk	15 Chef Turkey & Ham Salad w/ Wheat Dinner Roll 100% Fruit Juice Milk	16 Creamy Chicken Chipotle Pasta w/ Steamed Carrots (3/4c) Fresh Fruit Milk HOT
19 Cheeseburger w/ BBQ Baked Beans (3/4c) 100% Fruit Juice Milk	20 Santa Fe Chicken Salad with a Wheat Dinner Roll Fresh Fruit Milk	21 Chicken Alfredo Pasta w/ Whole Kernel Corn (3/4c) Fresh Fruit Milk HOT	22 Turkey & Cheese Panini Sandwich (cold) w/ Broccoli Salad (1c) Fresh Fruit Milk	23 Chinese Chicken Salad with a Wheat Dinner Roll Fresh Fruit Milk
26 	27	28	29	30 

Menu subject to change without notice.

Menu items may change due to supply chain issues, including limited food availability, staff shortages, distribution issues, inflationary prices and/or other challenges.

This institution is an equal opportunity provider.