



All entrees served with choice of 1% milk, fat free unflavored or flavored milk. All grain items offered are Whole Grain Rich.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1 Cinnamon Toast Cr. Cereal Whole Grain Crackers Fresh Fruit Whole Fruit Milk	2 Strawberry Muffin Fresh Fruit Whole Fruit Milk	3 Maple Waffle Fresh Fruit Whole Fruit Milk	4 Bagel & Cream Cheese Fresh Fruit Whole Fruit Milk
7 Mexican Concha Fresh Fruit Whole Fruit Milk	8 Bean & Cheese Breakfast Burrito Fresh Fruit Whole Fruit Milk	9 Coffee Cinnamon Crumble Fresh Fruit Whole Fruit Milk	10 Coco Pufs Cereal Whole Grain Crackers Fresh Fruit Whole Fruit Milk	11 String Cheese & Strawberry Nutrigrain Bar Fresh Fruit Whole Fruit Milk
14 Yogurt & Graham Crackers Fresh Fruit Whole Fruit Milk	15 Sausage English Muffin Fresh Fruit Whole Fruit Milk	16 New! Pumpkin Spice Muffin Fresh Fruit Whole Fruit Milk	17 Pancakes (2) Fresh Fruit Whole Fruit Milk	18 Coffee Cinnamon Crumble Fresh Fruit Whole Fruit Milk
21 Mexican Concha Fresh Fruit Whole Fruit Milk	22 Cinnamon French Toast Fresh Fruit Whole Fruit Milk	23 Blueberry Muffin Fresh Fruit Whole Fruit Milk	24 	
28 Yogurt & Graham Crackers Fresh Fruit Whole Fruit Milk	29 Pancakes (2) Fresh Fruit Whole Fruit Milk	30 Banana Muffin Fresh Fruit Whole Fruit Milk		

Menu subject to change without notice.

Menu items may change due to supply chain issues, including limited food availability, staff shortages, distribution issues, inflationary prices and/or other challenges.



This institution is an equal opportunity provider.

Archdiocese School Food Service
Lunch Menu K-8

November 2022



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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Beans & Peas	Red & Orange	Starchy	Dark Green	Other Vegetables
	1 Turkey & Cheese Panini Sandwich (cold) w/ Carrot Sticks (3/4c) Fresh Fruit Milk	2 Sloppy Joe on HB Bun w/ Mashed Potatoes (3/4c) Fresh Fruit Milk	3 Chef Turkey & Ham Salad w/ Wheat Dinner Roll 100% Fruit Juice Milk	4 New! Pizza w/ Carrot Sticks (3/4c) Fresh Fruit Milk
7 Red Chicken Enchiladas Pinto Beans (3/4c) 100% Fruit Juice Milk	8 Santa Fe Chicken Salad w/ Wheat Dinner Roll Fresh Fruit Milk	9 Chicken Nuggets w/ Whole Kernel Corn (3/4c) Fresh Fruit Milk	10 Turkey & Cheese Panini Sandwich (cold) w/ Broccoli Salad (1c) Fresh Fruit Milk	11 New! Pizza w/ Carrot Sticks (3/4c) Fresh Fruit Milk
14 Three Cheese Macaroni & Cheese w/ BBQ Baked Beans (3/4c) 100% Fruit Juice Milk	15 Ham and Cheese Hoagie Sandwich w/ Carrot Sticks (3/4c) Fresh Fruit Milk	16 Orange Chicken Bowl w/ Brown Rice (3/4c) Peas and Carrots (1c) Fresh Fruit Milk	17 Turkey Breast w/ Gravy Mashed Potatoes (3/4) Cornbread Fresh Fruit Milk	18 Cheeseburger Carrot Sticks (3/4c) Fresh Fruit Milk
21 Beef Picadillo (3/4c) w/ Spanish Rice (3/4c) Pinto Beans (3/4c) 100% Fruit Juice Milk	22 Caesar Chicken Tortilla Wrap w/ Carrot Sticks (3/4c) Fresh Fruit Milk	23 Hawaiian Chicken Bowl w/ Brown Rice (3/4c) Whole Kernel Corn (3/4c) Fresh Fruit Milk	24 	
28 Green Chicken Enchilada Pinto Beans (3/4c) 100% Fruit Juice Milk	29 Turkey & Cheese Panini Sandwich (cold) w/ Carrot Sticks (3/4c) Fresh Fruit Milk	30 Spaghetti and Meat Sauce (3/4c) Whole Kernel Corn (3/4c) Fresh Fruit Milk		

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