October 2021 Breakfast Order Form

School

	Name	Grade
10/1/21		
10/4/21		
10/5/21		
10/6/21		
10/7/21		
10/8/21		
10/11/21		
10/12/21		
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10/20/21		
10/21/21		
10/22/21		
10/25/21		
10/26/21		
10/27/21		
10/28/21		
10/29/21		
Total Meals Ordered		

NO MEAL CHARGES SY 2021-2022		
Price per Meal		
**Total Meals		
Meals x Cost		
Cash		
Check No.		

CUT AT SOLID LINE

Return to school In an envelope with students name and grade

Archdiocese School Food Service Breakfast Menu — October 2021

welcome back to school

All entrees served with choice of 1% milk, fat free unflavored or flavored milk. All grain items offered are Whole Grain Rich.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
DAILY CEREAL OPTION				
Cereal W/ Honey Grahams	Cereal W/ Cinnamon Grahams	Cereal w/ Strawberry Grahams	Cereal w/ Cinnamon Grahams	Cereal w/Granola
27-Sep Cinnamon Delight Fresh Orange Whole Fruit Milk	28-Sep **Cranberry Oatmeal Round** **Fresh Orange** **Whole Fruit** **Milk**	29-Sep French Toast Applesauce Whole Fruit Milk	30-Sep **Pan Dulce** **100% Fruit Juice** **Whole Fruit** **Milk**	1 Chicken Sausage & Pancake w/syrup Green Apple Whole Fruit Milk
4 Whole Grain Bagel w/ Cream Cheese Fresh Orange Whole Fruit Milk	5 **Mantecada Sweet Bread** **Fresh Orange** **Whole Fruit** **Milk**	6 Mini Blueberry Pancakes Seasonal/ Pear Whole Fruit Milk	7 **Pineapple Empanada** **100% Fruit Juice** **Whole Fruit** **Milk**	8 Breakfast Cheese Tamale Dried Fruit Whole Fruit Milk
11 Chocolate Chip Muffin Flat Fresh Orange Whole Fruit Milk	12 **Mango Bar** **Fresh Orange** **Whole Fruit** **Milk**	13 Bean and Cheese Burrito Applesauce Whole Fruit Milk Hot Sauce	14 **Mini Soybutter & Jelly Sandwich** **100% Fruit Juice** **Whole Fruit** **Milk**	15 Egg & Cheese Sandwich Dried Fruit Whole Fruit Milk
18 Coffee Cake Fresh Orange Whole Fruit Milk	19 **Fruit Yogurt Parfait Granola** **Fresh Orange** **Milk**	20 Mini Banana Pancakes Seasonal/ Pear Whole Fruit Milk	21 **Strawberry Muffin** **100% Fruit Juice** **Whole Fruit** **Milk**	22 Chicken & Waffle w/syrup Dried Fruit Whole Fruit Milk
25 Cinnamon Delight Fresh Orange Whole Fruit Milk	26 **Cranbery Oatmeal Round** **Fresh Orange** **Whole Fruit** **Milk**	27 Mini Maple Pancakes Applesauce Whole Fruit Milk	28 **Pan Dulce** **100% Fruit Juice** **Whole Fruit** **Milk**	29 Chicken Sausage & Pancake w/syrup Dried Fruit Whole Fruit Milk

MENU SUBJECT TO CHANGE WITHOUT NOTICE

Better 4 You Meals

This institution is an equal opportunity provider.

Archdiocese School Food Service
Lunch Menu

October 2021

All entrees served with choice of 1% milk, fat free unflavored or flavored milk. All grain items offered are Whole Grain Rich.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
FEATURED ENTRÉE OF THE DAY				
Cheeseburger w/ Oven Baked Fries	*Beef Nachos w/ Tortilla Chips*	*Chicken Nuggets & Mash*	*Baked Ziti w/ Meat Sauce*	*Beef, Bean & Cheese Burrito*
27-Sep **Beef Hot Dog** Oven Baked Fries w/ Ketchup Fresh Apple Milk	28-Sep **Chicken Tamale** Mixed Vegetables Baby Carrots 100% Fruit Juice Milk	29-Sep **Chicken Alfredo Pasta** **w/ Steamed Broccoli** Whole Grain Cookie Tuscan White Bean Salad Fresh Banana Milk	30-Sep **BBQ Meatballs** **w/ Seasoned Potato Wedges** Dinner Roll Baby Carrots Fresh Orange Milk	1 ***Chicken Enchiladas*** **w/ Red Sauce** *Mixed Green Salad* *w/ Ranch Dressing* *Fresh Apple* *Milk*
4 **Beef Chili Cheese Fries** w/ Churro Chips Fresh Apple Milk	5 **Chicken Teriyaki** **w/ Chow Mein Noodles** Baby Carrots 100% Fruit Juice Milk	6 **Beef Meatloaf, Mash & Gravy** Dinner Roll Pinto Bean Salad Fresh Banana Milk	7 **Chicken Burrito Bowl** Whole Grain Dessert Baby Carrots Fresh Orange Milk	8 ***Meatball Sub Sandwich*** *House Salad* *w/ Italian Dressing* *100% Fresh Apple* *Milk*
11 **Chicken Patty Burger** Oven Baked Fries w/ Ketchup Fresh Apple Milk	12 **Cheese Lasagna** **w/ Tomato Basil Sauce** Baby Carrots 100% Fruit Juice Milk	13 **Build Your Own Turkey Tacos** **w/ Refried Beans,** Tortillas Jicama & Bean Salad w/Tajin Dressing Fresh Banana Milk	14 ***Breakfast for Lunch:*** **Pancake, Chicken Sausage &** **Seasoned Wedges,** Syrup Baby Carrots Fresh Orange Milk	15 ***Mac & Cheese*** Whole Grain Desssert *Kale & Green Apple Salad* *w/ Ranch Dressing* *100% Fruit Juice* *Milk*
18 **Honey-Mustard** **Grilled Chicken Sandwich** Oven Baked Fries w/ Ketchup Fresh Apple Milk	19 **Turkey Chili** w/ Original Popped Chips Baby Carrots 100% Fruit Juice Milk	20 **Orange Chicken** **w/ "Not So Fried" Rice** Sweet Chickea & Edamame Salad Fresh Banana Milk	21 **Spaghetti & Beef Meatballs** Baby Carrots Fresh Orange Milk	22 ***Hamburger*** *BBQ Popped Chips* *Lettuce, Tomato & Pickle Kit* *Fresh Apple* *Milk* *Ketchup*
25 **Beef Hot Dog** Oven Baked Fries w/ Ketchup Fresh Apple Milk	26 **Chicken Tamale** Mixed Vegetables Baby Carrots 100% Fruit Juice Milk	27 **Chicken Alfredo Pasta** **w/ Steamed Broccoli** Holiday Cookie Tuscan White Bean Salad Fresh Banana Milk	28 **BBQ Meatballs** **w/ Seasoned Potato Wedges** Dinner Roll Baby Carrots Fresh Orange Milk	***Chicken Enchiladas*** ***w/ Red Sauce*** *Mixed Green Salad* *w/Ranch Dressing* *Fresh Apple* *Milk*

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School

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