

Archdiocese School Food Service  
Breakfast Menu

# September 2021



All entrees served with choice of 1% milk, fat free unflavored or flavored milk. All grain items offered are Whole Grain Rich.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
DAILY CEREAL OPTION				
Cereal W/ Honey Grahams	Cereal W/ Cinnamon Grahams	Cereal w/ Strawberry Grahams	Cereal w/ Cinnamon Grahams	Cereal w/Granola
30-Aug  <b>Cinnamon Delight</b> 100% Fruit Juice Whole Fruit Milk	31-Aug  <b>Cranberry Oatmeal Round</b> Fresh Orange Whole Fruit Milk	1  <b>French Toast</b> Applesauce Whole Fruit Milk	2  <b>Pan Dulce</b> 100% Fruit Juice Whole Fruit Milk	3  <b>Chicken Sausage &amp; Pancake w/syrup</b> Green Apple Whole Fruit Milk
6  	7  <b>Mantecada Sweet Bread</b> Fresh Orange Whole Fruit Milk	8  <b>Mini Blueberry Pancakes</b> Seasonal Pear Whole Fruit Milk	9  <b>Pineapple Empanada</b> 100% Fruit Juice Whole Fruit Milk	10  <b>Breakfast Cheese Tamale</b> Fresh Apple Whole Fruit Milk
13  <b>Chocolate Chip Muffin Flat</b> 100% Fruit Juice Whole Fruit Milk	14  <b>Mango Bar</b> Fresh Orange Whole Fruit, Milk	15  <b>Bean and Cheese Burrito</b> Applesauce Whole Fruit Milk Hot Sauce	16  <b>Mini Soybutter &amp; Jelly Sandwich</b> 100% Fruit Juice Whole Fruit Milk	17  <b>Egg &amp; Cheese Sandwich</b> Green Apple Whole Fruit Milk
20  <b>Coffee Cake</b> 100% Fruit Juice Whole Fruit Milk	21  <b>Fruit Yogurt Parfait Granola</b> Fresh Orange Whole Fruit Milk	22  <b>Mini Banana Pancakes</b> Applesauce Whole Fruit Milk	23  <b>Strawberry Muffin</b> 100% Fruit Juice Whole Fruit Milk	24  <b>Chicken &amp; Waffle w/syrup</b> Green Apple Whole Fruit Milk
27  <b>Cinnamon Delight</b> 100% Fruit Juice Whole Fruit Milk	28  <b>Cranberry Oatmeal Round</b> Fresh Orange Whole Fruit Milk	29  <b>French Toast</b> Applesauce Whole Fruit Milk	30  <b>Pan Dulce</b> 100% Fruit Juice Whole Fruit Milk	

MENU SUBJECT TO CHANGE WITHOUT NOTICE



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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>FEATURED ENTRÉE OF THE DAY</b>				
<b>Cheeseburger w/ Oven Baked Fries</b>	<b>Beef Nachos w/ Tortilla Chips</b>	<b>Chicken Nuggets &amp; Mash</b>	<b>Baked Ziti w/ Meat Sauce</b>	<b>Beef, Bean &amp; Cheese Burrito</b>
30-Aug  <b>Beef Hot Dog</b> Oven Baked Fries w/ Ketchup Fresh Apple Milk	31-Aug  <b>Chicken Tamale</b> Mixed Vegetables Baby Carrots 100% Fruit Juice Milk	1  <b>Chicken Alfredo Pasta w/ Steamed Broccoli</b> Whole Grain Cookie Tuscan White Bean Salad Fresh Banana Milk	2  <b>BBQ Meatballs w/ Seasoned Potato Wedges</b> Dinner Roll Baby Carrots Fresh Orange Milk	3  <b>Chicken Enchiladas w/ Red Sauce</b> Mixed Green Salad w/ Ranch Dressing 100% Fruit Juice Milk
6  	7  <b>Chicken Teriyaki w/ Chow Mein Noodles</b> Baby Carrots 100% Fruit Juice Milk	8  <b>Meatloaf, Mash &amp; Gravy</b> Dinner Roll Pinto Bean Salad Fresh Banana Milk	9  <b>Chicken Burrito Bowl</b> Whole Grain Dessert Baby Carrots Fresh Orange Milk	10  <b>Meatball Sub Sandwich</b> House Salad w/ Italian Dressing 100% Fruit Juice Milk
13  <b>Chicken Patty Burger</b> Oven Baked Fries w/ Ketchup Fresh Apple Milk	14  <b>Cheese Lasagna w/ Tomato Basil Sauce</b> Baby Carrots 100% Fruit Juice Milk	15  <b>Build Your Own Turkey Tacos w/ Refried Beans, Tortillas</b> Jicama & Bean Salad w/Tajin Dressing Fresh Banana Milk	16  <b>Breakfast for Lunch: Pancake, Chicken Sausage &amp; Seasoned Wedges, Syrup</b> Baby Carrots Fresh Orange Milk	17  <b>Mac &amp; Cheese</b> Whole Grain Dessert Kale & Green Apple Salad w/ Ranch Dressing 100% Fruit Juice Milk
20  <b>Honey-Mustard Grilled Chicken Sandwich</b> Oven Baked Fries w/ Ketchup Fresh Apple Milk	21  <b>Turkey Chili</b> w/ Original Popped Chips Baby Carrots 100% Fruit Juice Milk	22  <b>Orange Chicken w/ "Not So Fried" Rice</b> Sweet Edamame Salad Fresh Banana Milk	23  <b>Spaghetti &amp; Meatballs</b> Baby Carrots Fresh Orange Milk	24  <b>Hamburger</b> BBQ Popped Chips Lettuce, Tomato & Pickle Kit 100% Fruit Juice Milk Ketchup
27  <b>Beef Hot Dog</b> Oven Baked Fries w/ Ketchup Fresh Apple Milk	28  <b>Chicken Tamale</b> Mixed Vegetables Baby Carrots 100% Fruit Juice Milk	29  <b>Chicken Alfredo Pasta w/ Steamed Broccoli</b> Whole Grain Cookie Tuscan White Bean Salad Fresh Banana Milk	30  <b>BBQ Meatballs w/ Seasoned Potato Wedges</b> Dinner Roll Baby Carrots Fresh Orange Milk	<b>WELCOME BACK to School</b>

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