

Archdiocese School Food Service
Breakfast and Lunch Menu

August 2021



All entrees served with choice of 1% milk, fat free unflavored or flavored milk. All grain items offered are Whole Grain Rich.

MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY		
OPTION FOR FEATURED ENTRÉE OF THE DAY										
B	Cereal W/ Honey Grahams	Cereal W/ Cinnamon Grahams	Cereal w/ Strawberry Grahams	Cereal w/ Cinnamon Grahams	Cereal w/ Granola	B				
L	Cheeseburger w/ Oven Baked Fries	Beef Nachos w/ Tortilla Chips	Chicken Nuggets & Mash	Baked Ziti w/ Meat Sauce	Beef, Bean & Cheese Burrito	L				
2	Cinnamon Delight 100% Fruit Juice & Whole Fruit	3	Strawberry Muffin Orange & Whole Fruit	4	Cranberry Oatmeal Round Applesauce & Whole Fruit	5	Chicken Susage & Pancake , Syrup 100% Fruit Juice & Whole Fruit	6	Pan Dulce Green Apple & Whole Fruit	
	Beef Hot Dog Oven Baked Fries w/ Ketchup Apple		Chicken Tamale Mixed Vegetables Baby Carrots 100% Fruit Juice		Chicken Alfredo Pasta w/ Steamed Broccoli Whole Grain Cookie Tuscan White Bean Salad Banana		BBQ Meatballs w/ Seasoned Potato Wedges Dinner Roll Baby Carrots Orange		Chicken Enchiladas w/ Red Sauce Mixed Green Salad w/ Ranch 100% Fruit Juice	
9	Whole Grain Bagel w/ Cream Cheese 100% Fruit Juice & Whole Fruit	10	Mini Blueberry Pancakes Orange & Whole Fruit	11	Mantecada Sweet Bread Pear & Whole Fruit	12	Breakfast Cheese Tamale 100% Fruit Juice & Whole Fruit	13	Pineapple Empanada Apple & Whole Fruit	
	Beef Chili Cheese Fries Oven Baked Fries w/ Ketchup Apple		Chicken Teriyaki w/ Chow Mein Noodles Baby Carrots 100% Fruit Juice		Oven Roasted Drumstick Mash & Gravy , Dinner Roll Pinto Bean Salad Banana		Chicken Burrito Bowl Whole Grain Dessert Baby Carrots Orange		Meatball Sub Sandwich House Salad w/ Italian 100% Fruit Juice	
16	Chocolate Chip Muffin Flat 100% Fruit Juice & Whole Fruit	17	Bean and Cheese Burrito Orange & Whole Fruit	18	Mango Bar Applesauce & Whole Fruit	19	Egg & Cheese Sandwich 100% Fruit Juice & Whole Fruit	20	Mini Soybutter & Jelly Sandwich Green Apple & Whole Fruit	
	Chicken Patty Burger Oven Baked Fries w/ Ketchup Apple		Cheese Lasagna w/ Tomato Basil Sauce Baby Carrots 100% Fruit Juice		Build Your Own Turkey Tacos w/ Refried Beans , Tortillas Jicama & Bean Salad w/ Tajin Dressing Banana		Breakfast for Lunch: Pancake, Chicken Sausage & Seasoned Wedges , Syrup Baby Carrots Orange		Mac & Cheese Whole Grain Dessert Kale & Green Apple Salad w/ Ranch 100% Fruit Juice	
23	Coffee Cake 100% Fruit Juice & Whole Fruit	24	Mini Banana Pancakes Orange & Whole Fruit	25	Fruit Yogurt Parfait, Granola Pear & Whole Fruit	26	Chicken & Waffle w/ Syrup 100% Fruit Juice & Whole Fruit	27	Strawberry Muffin Apple & Whole Fruit	
	Honey-Mustard Grilled Chicken Sandwich Oven Baked Fries w/ Ketchup Apple		Turkey Chili w/ Original Popped Chips Baby Carrots 100% Fruit Juice		Orange Chicken w/ "Not So Fried" Rice Sweet Edamame Salad Banana		Spaghetti & Meatballs Baby Carrots Orange		Hamburger BBQ Popped Chips, Ketchup Lettuce, Tomato & Pickle Kit 100% Fruit Juice	
30	Cinnamon Delight 100% Fruit Juice & Whole Fruit	31	French Toast Orange & Whole Fruit							
	Beef Hot Dog Oven Baked Fries Apple		Chicken Tamale Mixed Vegetables Baby Carrots 100% Fruit Juice							

MENU SUBJECT TO CHANGE WITHOUT NOTICE



This institution is an equal opportunity provider.

